

♥ Heart Healthy *High in Sodium

Sunday, January 9, 2021

Lunch Menu

SOUP OF THE DAY

Cream Of cauliflower

Salad Bar

ENTRÉE

Stuffed Bell Pepper

Green bell peppers stuffed with seasoned ground beef

In tomato Sauce

**Hearty Beef Stew
Biscuit**

ACCOMPANIMENTS

**Fresh baked Dinner Roll
Broccoli**

DESSERT

Chocolate Pudding

♥ Heart Healthy *High in Sodium

Sunday, January 9, 2021

Dinner Menu

SOUP OF THE DAY

Cream Of cauliflower

ENTRÉE

Sweet & Sour Pork

Chicken & Broccoli

ACCOMPANIMENTS

**Seasoned
French Cut Green Beans ♥
Basmati Rice ♥**

Dessert

Assorted cakes and pies

♥ Heart Health *High in Sodium

Monday, January 10, 2021

Lunch Menu

Salad Bar

SOUP OF THE DAY

Chicken Vegetable

ENTRÉE

Lemon Chicken ♥

**Zucchini Noodles with Butter and garlic
And parmesan cheese**

**BBQ Country Style Spare Rib *
(**Boneless**)**

ACCOMPANIMENTS

**Home Made Cheesy Potatoes ♥
Sweet Corn ♥**

DESSERT

Tapioca Pudding

♥ Heart Healthy*High in Sodium

Monday, January 10, 2021

Dinner Menu

SOUP OF THE DAY

Chicken Vegetable

ENTRÉE

Baked Honey Ham

**Turkey Salad
On a Bun**

ACCOMPANIMENTS

**Baked Sweet Potato ♥
Carrots Coins ♥
Potato chips**

DESSERT

Assorted Cakes & Pies

Sugar Free Assorted Cakes & Pies

♥ Heart Healthy *High in Sodium

Tuesday, January 11, 2021

Salad Bar

Lunch Menu

SOUP OF THE DAY

Beef Tomato Soup

ENTRÉE

Swedish Meatballs Over Egg noodles

Fish and Chips

ACCOMPANIMENTS

Fresh Baked Dinner Roll Buttered Lima Beans Baked Potato ♥ Baby Carrots ♥

DESSERT

Sliced Peaches ♥

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Tuesday, January 11, 2021

Dinner Menu

SOUP OF THE DAY

Beef Tomato Soup

ENTRÉE

Pork Roll and Cheese On a bun

Home Made Meatloaf With Gravy

ACCOMPANIMENTS

Cole Slaw Mashed Potato's ♥ Stewed Tomatoes

DESSERT

Assorted Cakes & Pies

Sugar Free Assorted Cakes & Pies

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Wednesday, January 12, 2021

Lunch Menu

Salad Bar

SOUP OF THE DAY

Turkey Rice ♥

ENTRÉE

Home Made Crab Cake ♥

Beef Kabob ♥
(Peppers/onion/tomato)

ACCOMPANIMENTS

Capri Veg ♥
Yellow Seasoned Rice

DESSERT

Banana Pudding

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Wednesday, January 12, 2021

Dinner Menu

SOUP OF THE DAY

Turkey Rice ♥

ENTRÉE

Stuffed Rigatoni

Stuffed Pasta with Ricotta cheese

Chicken Salad on a Croissant

Macaroni Salad

ACCOMPANIMENTS

Fresh Baked Dinner Roll

Seasoned Broccoli ♥

DESSERT

Assorted Cakes & Pies

Sugar Free Assorted Cakes & Pies

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Thursday, January 13, 2021

Lunch Menu

Salad Bar

SOUP OF THE DAY

Italian Wedding Soup

ENTRÉE

Chicken Marsala Over Pasta

Veggie Burger On a onion Bun Lettuce/ tomato

ACCOMPANIMENTS

Italian Vegetables

DESSERT

Pears

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Thursday, January 13, 2021

Dinner Menu

SOUP OF THE DAY

Italian Wedding Soup

ENTRÉE

Roast Beef With Gravy

New Item

Italian Sausage Burger * **Melted mozzarella, marinara sauce /lettuce** **On a toasted Bun**

ACCOMPANIMENTS

Mashed Potatoes ♥ **Capri Blend vegetable ♥**

DESSERT

Assorted Cakes & Pies

Sugar Free Assorted Cakes & Pies

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Friday, December 17, 2021

Lunch Menu

Salad Bar

SOUP OF THE DAY

Manhattan clam chowder

ENTRÉE

**Baked
Flounder Fillet**

**Turkey Loaf
Gravy**

ACCOMPANIMENTS

**Roasted Potatoes
Rice pilaf
Whole Green Beans**

DESSERT

Vanilla Pudding w/Whipped topping

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Friday, December 17, 2021

Dinner Menu

SOUP OF THE DAY

Manhattan clam chowder

ENTRÉE

**Home made
Turkey Pot Pie**

**Egg Salad on Wheat bread
Lettuce/ Tomato ♥**

ACCOMPANIMENTS

Potato Salad

DESSERT

Assorted Cakes & Pies

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Saturday, December 18, 2021

Salad Bar Lunch Menu

SOUP OF THE DAY

Split Pea

ENTRÉE

Pork Loin
With Gravy

Beef Burger
With Lettuce/Tomato
Curley Fries

ACCOMPANIMENTS

Waxed Beans ♥

Mashed Potato ♥

DESSERT

Pineapple Slices
Sugar Free Jell-O

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Saturday December 18, 2021

Dinner Menu

SOUP OF THE DAY

Split Pea

ENTRÉE

Cheese Pierogis' With Caramelized Onions

Chicken Parmesan ♥

Over

Spaghetti (Tomato Sauce)

ACCOMPANIMENTS

Sweet Peas & Pearl Onion ♥

Waxed Beans ♥

DESSERT

Assorted Cakes & Pies

Sugar Free Assorted Cakes & Pies

Happy Holiday

December 2021

MENU

Soup / Salad

Cream Of Chicken / Salad Bar

MAIN COURSE

**Prime Rib w A Jus
Glazed Honey Ham**

ACCOMPANIMENTS

**Double Stuffed Potato
Baked Acorn Squash
Broccoli Spears**

DESSERTS

Holiday Cookies / Assorted Pie / Cakes