

♥ Heart Healthy \*High in Sodium

Sunday, April 3, 2022

## **Lunch Menu**

### SOUP OF THE DAY

**Cream Of cauliflower**

### Salad Bar

### ENTRÉE

**Stuffed Bell Pepper**

**Green bell peppers stuffed with seasoned ground beef**

**In tomato Sauce**

**Hearty Veal Stew ♥**

**Biscuit**

### ACCOMPANIMENTS

**Fresh baked Dinner Roll**

**Broccoli ♥**

### DESSERT

**Chocolate Pudding**

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Sunday, April 3, 2022

## **Dinner Menu**

### SOUP OF THE DAY

**Cream Of cauliflower**

### ENTRÉE

**Sweet & Sour Pork**

**Chicken & Broccoli ♥**

### ACCOMPANIMENTS

**Seasoned  
French Cut Green Beans ♥  
Basmati Rice ♥**

### Dessert

**Assorted cakes and pies**

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Monday, April 4, 2022

## **Lunch Menu**

### **Salad Bar**

SOUP OF THE DAY

**Chicken Vegetable**

ENTRÉE

**Lemon Chicken ♥**

**BBQ Country Style Spare Rib \***  
**(Boneless)**

ACCOMPANIMENTS

**Zucchini ♥**

**Roasted Potatoes ♥**

**Sweet Corn ♥**

DESSERT

**Tapioca Pudding**

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Monday, April 4, 2022

## **Dinner Menu**

SOUP OF THE DAY

**Chicken Vegetable**

ENTRÉE

**Baked Honey Ham**

**Turkey Salad ♥  
On a Bun with Cole slaw**

ACCOMPANIMENTS

**Baked Sweet Potato ♥  
Carrots Coins ♥**

DESSERT

**Assorted Cakes & Pies**

**Sugar Free Assorted Cakes & Pies**

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Tuesday, April 5, 2022

## **Salad Bar**

# **Lunch Menu**

### SOUP OF THE DAY

## **Buttered Nut Squash**

### ENTRÉE

**Swedish Meatballs ♥  
Over Egg noodles**

**Fish and Chips ♥**

### ACCOMPANIMENTS

**Baby Carrots ♥  
Fresh dinner roll**

### DESSERT

**Sliced Peaches ♥**

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Tuesday, April 5, 2022

## **Dinner Menu**

SOUP OF THE DAY

**Buttered nut Squash**

ENTRÉE

**Pork Roll and Cheese  
On a bun**

**Home Made Meatloaf ♥  
With Gravy**

ACCOMPANIMENTS

**Potato Chips  
Mashed Potato's ♥  
Stewed Tomatoes**

DESSERT

**Assorted Cakes & Pies**

**Sugar Free Assorted Cakes & Pies**

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Wednesday, April 6, 2022

## **Lunch Menu**

### **Salad Bar**

#### SOUP OF THE DAY

**Turkey Rice ♥**

#### ENTRÉE

**Home Made Crab Cake ♥**

**Beef Stew ♥**

#### ACCOMPANIMENTS

**Capri Veg ♥**  
**Yellow Seasoned Rice ♥**

#### DESSERT

**Banana Pudding**

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Wednesday, April 6, 2022

## **Dinner Menu**

SOUP OF THE DAY

**Turkey Rice ♥**

ENTRÉE

**Stuffed Rigatoni**

**Stuffed Pasta with Ricotta cheese**

**Chicken Salad on a Croissant ♥**

**Macaroni Salad**

ACCOMPANIMENTS

**Garlic Bread**

**Seasoned Broccoli ♥**

DESSERT

**Assorted Cakes & Pies**

**Sugar Free Assorted Cakes & Pies**



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Thursday, April 7, 2022

## **Lunch Menu**

### **Salad Bar**

#### SOUP OF THE DAY

### **Cream of Mushroom**

#### ENTRÉE

**Chicken Marsala ♥  
Over Pasta**

**Veggie Burger ♥  
On a onion Bun  
Lettuce/ tomato**

#### ACCOMPANIMENTS

**Italian Vegetables ♥**

#### DESSERT

**Pears**

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Thursday, April 7, 2022

## **Dinner Menu**

SOUP OF THE DAY

**Cream of Mushroom**

ENTRÉE

**Roast Beef ♥**

**With Gravy**

**New Item**

**Italian Sausage Pattie \***

**Melted mozzarella, marinara sauce**

**Italian Peppers/Onions**

**With Pasta On the side**

ACCOMPANIMENTS

**Mashed Potatoes ♥**

**Capri Blend vegetable ♥**

DESSERT

**Assorted Cakes & Pies**

**Sugar Free Assorted Cakes & Pies**

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Friday, April 8, 2022

## **Lunch Menu**

### **Salad Bar**

#### SOUP OF THE DAY

**Manhattan clam chowder**

#### ENTRÉE

**Baked  
Flounder Fillet**

**Turkey Loaf  
Gravy**

#### ACCOMPANIMENTS

**Roasted Potatoes  
Rice pilaf  
Whole Green Beans**

#### DESSERT

**Vanilla Pudding w/Whipped topping**

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Friday, April 8, 2022

## **Dinner Menu**

### SOUP OF THE DAY

**Manhattan clam chowder**

### ENTRÉE

**Home made  
Turkey Pot Pie**

**Egg Salad on Wheat bread  
Lettuce/ Tomato ♥**

### ACCOMPANIMENTS

**Potato Salad**

### DESSERT

**Assorted Cakes & Pies**

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Saturday, April 9, 2022

# **Salad Bar Lunch Menu**

## SOUP OF THE DAY

**Split Pea**

ENTRÉE

**Pork Loin  
With Gravy**

**Beef Burger  
With Lettuce/Tomato  
Curley Fries**

## ACCOMPANIMENTS

**Waxed Beans ♥**

**Mashed Potato ♥**

DESSERT

**Pineapple Slices  
Sugar Free Jell-O**

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Saturday April 9, 2022

## **Dinner Menu**

SOUP OF THE DAY

### **Butternut Squash**

ENTRÉE

### **Cheese Pierogis' With Caramelized Onions**

### **Chicken Parmesan ♥ Over Spaghetti (Tomato Sauce)**

ACCOMPANIMENTS

**Carrots ♥**

**Mixed Veggies ♥**

DESSERT

**Assorted Cakes & Pies**

**Sugar Free Assorted Cakes & Pies**

