

♥ Heart Healthy *High in Sodium

Sunday, August 28, 2022

Lunch Menu

Salad Bar

SOUP OF THE DAY

Beef Barley

ENTRÉE

Baked Salmon ♥

On top of a
Bed of mixed Greens

Home Made Turkey Chili ♥

ACCOMPANIMENTS

White Rice ♥
Mixed Vegetable ♥

DESSERT

Chocolate Pudding
With whipped topping

♥ Heart Healthy *High in Sodium

Sunday, August 28, 2022

Dinner Menu

Soup of the Day ♥

Beef Barley

ENTRÉE

**BBQ pork sliders
With Cole slaw/sliced pickles**

**Alice Spring Chicken
Chicken breast/Monterey jack cheese/Mushrooms
Honey mustard sauce**

ACCOMPANIMENTS

**Pasta Salad
Potato Chips**

DESSERT

Assorted Cakes & Pies

Sugar Free Assorted Cakes & Pies

♥ Heart Healthy *High in Sodium

Monday, August 29, 2022

Lunch Menu

Salad Bar

SOUP OF THE DAY

Loaded Baked Potato Chowder

ENTRÉE

Chicken Cacciatore
Over pasta

Beef Brisket ♥

ACCOMPANIMENTS

Cheesy Potatoes
Broccoli ♥
Green Beans ♥

DESSERT

Tapioca Pudding
Sugar Free Pudding

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Monday, August 29, 2022

Dinner Menu

SOUP OF THE DAY

Loaded Baked Potato Chowder

ENTRÉE

Grilled Cheese and Bacon *

Tuna Platter ♥

**Potato salad, Cole slaw
On a bed of lettuce**

ACCOMPANIMENTS

**Potato Salad
Seasoned Carrots ♥**

DESSERT

**Assorted Cakes & Pies
Sugar Free Assorted Cakes & Pies**

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Tuesday, August 30, 2022

Lunch Menu

Salad Bar ♥

SOUP OF THE DAY

Home Made Tomato Basil

ENTRÉE

Pineapple glazed Ham *

Grilled Steak Salad

With strawberries and blue cheese crumbles

**Thinly sliced steak with over a salad mix sliced red onions/fresh slice strawberries
and a your choice of dressings**

ACCOMPANIMENTS

Capri Blend Vegetables ♥

Garlic Mashed Potato

DESSERT

Sliced Pears ♥

SF JELL-O ♥

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Tuesday, August 30, 2022

Dinner Menu

SOUP OF THE DAY

Home Made Tomato Basil

ENTRÉE

**Lobster Salad with Grilled green onions
On a New England style hot dog roll**

**Center Cut Pork Chop ♥
With gravy**

ACCOMPANIMENTS

**French fries
Three Bean salad
Dinner roll**

DESSERT

Assorted Cakes & Pies

Sugar Free Assorted Cakes & Pies

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Wednesday, August 31, 2022

Lunch Menu Salad Bar ♥

SOUP OF THE DAY

Pasta e Fagoli Soup

ENTRÉE

Bake Fresh Ham

**Jamaican Jerk Style
Lollipop Chicken**

ACCOMPANIMENTS

**Roasted Potatoes
Creamed Spinach ♥
Yellow Rice**

DESSERT

**Sliced Peaches
With whipped topping**

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Wednesday, August 31, 2022

Dinner Menu

SOUP OF THE DAY

Pasta e Fagoli Soup

ENTRÉE

Lobster Ravioli
In Alfredo sauce

Cottage Cheese/Jell-O ♥
Fruit Salad
Muffin

ACCOMPANIMENTS

Italian Blend Vegetable

DESSERT

Assorted Cakes & Pies

Assorted Sugar Free Cakes & Pies

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Thursday, September 1, 2022

Lunch Menu

Salad Bar ♥

SOUP OF THE DAY

Cream of Chicken ♥

ENTRÉE

Grilled Chicken Burger ♥
On a Toasted Bun

Shepard's Pie

Ground Beef / Tomatoes / Vegetables / Mashed Potatoes

ACCOMPANIMENTS

Macaroni Salad

DESSERT

Chocolate Pudding
With whipped topping

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Thursday, September 1, 2022

Dinner Menu

SOUP OF THE DAY

Cream of Chicken ♥

ENTRÉE

Grilled all Beef *
Hot Dog on a bun

Broccoli & Ham Cheese Quiche ♥

ACCOMPANIMENTS

Macaroni Salad
Waxed Beans
Potato Chips

DESSERT

Assorted Cakes & Pies

Sugar Free Assorted Cakes & Pies

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Friday, September 2, 2022

Lunch Menu Salad Bar

SOUP OF THE DAY

Vegetable

ENTRÉE

Fettuccine a Frutti di Mare *
Fettuccine, shrimp, clams, mussels
In a red sauce

Hot Opened Face Turkey Sandwich ♥
On white Bread With turkey gravy

ACCOMPANIMENTS

Fresh Sun Green Beans

DESSERT

Vanilla Pudding

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Friday, September 2, 2022

Dinner Menu

SOUP OF THE DAY

Vegetable

ENTRÉE

Pizza Supreme *

Broiled Tilapia ♥

ACCOMPANIMENTS

Brussel Sprout

Carrot Coins ♥

Yellow Rice ♥

DESSERT

Assorted Cakes & Pies

Sugar Free Assorted Cakes & Pies

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Saturday, September 3, 2022

Lunch Menu

Salad Bar

SOUP OF THE DAY

Minestrone

ENTRÉE

**Corn Beef Brisket
Seasoned Cabbage
Boiled Potatoes**

Stuffed Shell ♥

With Home Made Tomato Sauce

ACCOMPANIMENTS

Broccoli & Cauliflower

DESSERT

Sliced Pineapples

♥ Heart Healthy * High in Sodium

Saturday, September 3, 2022

Dinner Menu

SOUP OF THE DAY

Minestrone

ENTRÉE

**Hungarian Goulash
Over
Egg noodles**

BBQ Chicken

ACCOMPANIMENTS

**Roasted Potatoes
Green Beans
Sweet Baby Peas**

DESSERT

**Assorted Cakes & Pies
Sugar Free Assorted Cakes & Pies**