

Always Available Menu

Beverages

Orange Juice, Cranberry Juice, Apple Juice, Lemonade, Unsweetened Ice Tea 🍷
Sugar Free Flavored Water 🍷, Skim Milk ♥, Chocolate Milk, Ginger Ale
Lactose Free Milk ♥, Prune Juice ♥, Coffee, Decaffeinated Coffee

Deli Items

Tuna Salad ♥, Egg Salad ♥, Low Sodium Turkey Breast ♥, PB&J Sandwich
Low Sodium Smoked Ham, American Cheese, Reduced Fat Swiss Cheese ♥, Lettuce, Tomato
~On Your Choice of Bread or Served Over a Bed of Lettuce~

Hot From The Grill

Plain Omelet or w/Cheese, Egg Beater Omelet ♥, Veggie Burger*, Broiled Fillet of Fish ♥
Hamburger, Cheeseburger, Hot Dog*, Grilled Cheese (add Turkey, Ham or Tomato)
Grilled Marinated Chicken Breast ♥

Sides

House Salad ♥, Soup of the Day, Cottage Cheese ♥, Stewed Prunes ♥, Baked Potato ♥,
Baked Sweet Potato ♥, Deli Salad of the Day ♥, Dinner Roll, Carrots or Green Beans ♥,
Pasta of the Day w/Sauce or Garlic & Butter

Fat Free Salad Dressings ♥: Italian, Ranch, 1000 Island, Blue Cheese & Oil & Vinegar

Desserts

Assorted Ice Cream, Sugar Free Ice Cream 🍷, Yogurt ♥ 🍷, Seasonal Fruit ♥ 🍷, Sugar Free
Apple Sauce ♥ 🍷, Reduced Fat Pound Cake ♥, Sugar Free Jello

Condiments Available

Ketchup*, Mustard, Mayonnaise, Tartar Sauce*, Relish*, Butter Parmesan Cheese*

*****All Special Orders Require Additional Preparation & Cooking Time,**

Please Anticipate Longer Service Times***

For Faster Service Order Special Items At Least One Meal In Advance



Heart Healthy Item



High In Sodium Item



CCD Diet Recommended Item