

♥ Heart Healthy *High in Sodium

Sunday, June 11, 2023

Lunch Menu Salad Bar

SOUP OF THE DAY

Cream of Potato ♥

ENTRÉE

Stuffed Fish ♥

Fillet stuffed with crab Meat

Veal Stew

Carrots, celery, onions, potatoes

With a Biscuit

ACCOMPANIMENTS

Peas & Carrots ♥

Rice ♥

Broccoli ♥

DESSERT

Chocolate Pudding

W/Whipped Cream Sugar Free Pudding

♥ Heart Healthy *High in Sodium

Sunday, June 11, 2023

Dinner Menu

SOUP OF THE DAY

Cream of Potato ♥

ENTRÉE

Roasted Turkey

Grilled

Ham & Cheese on Wheat

Pickle on the side

ACCOMPANIMENTS

Cole Slaw

Bread Stuffing

Zucchini ♥

DESSERT

Assorted Cakes & Pies

Sugar Free Assorted Cakes & Pies

♥ Heart Healthy *High in Sodium

Monday, June 12, 2023

Lunch Menu Salad Bar

SOUP OF THE DAY

Broccoli Cheddar Soup

ENTRÉE

**Roast Beef
With Beef Gravy**

**Pesto Grilled Chicken
On a bun**

ACCOMPANIMENTS

**Baked Potato
Fresh Baby Carrots
Macaroni Salad**

DESSERT

**Assorted Cakes & Pie Sugar
Free Assorted Cakes & Pies**

♥ Heart Healthy *High in Sodium

Monday, June 12, 2023

Dinner Menu

SOUP OF THE DAY

Broccoli Cheddar Soup ♥

ENTRÉE

**Open Faced
Tuna Melt on Rye**

BBQ Pork Ribette

ACCOMPANIMENTS

**Roasted Corn ♥
Mashed potatoes♥**

DESSERT

Assorted Cakes & Pies

Sugar Free Assorted Cakes & Pies

♥ Heart Health *High in Sodium

Tuesday, June 13, 2023

Lunch Menu

Salad Bar

SOUP OF THE DAY

Lentil ♥

ENTRÉE

Salmon ♥

With coconut curry
Over Basmati Rice

**Open Faced Pastrami sandwich
On**

Rye with spicy brown mustard

ACCOMPANIMENTS

**Vegetable Blend, Prince Edward Blend ♥
Seasoned Carrots, Whole Green beans**

DESSERT

Sliced Peaches

♥ Heart Healthy *High in Sodium

Tuesday, June 13, 2023

Dinner Menu

SOUP OF THE DAY

Lentil ♥

ENTRÉE

Baked Manicotti *

Tomato Sauce

Turkey on Wheat Bread ♥

ACCOMPANIMENTS

Cauliflower ♥

Cucumber Salad ♥

DESSERT

Assorted Cakes & Pies

Sugar Free Assorted Cakes & Pies

♥ Heart Healthy *High in Sodium

Wednesday, June 14, 2023

Lunch Menu

SOUP OF THE DAY

Cabbage ♥

ENTRÉE

Home Made Fried Chicken

Roasted Pork ♥

Seasoned pork loin seared to perfection
With pork Gravy

ACCOMPANIMENTS

Onion Rings
Sweet Corn
Roasted Potatoes

DESSERT

Chocolate Pudding

♥ Heart Healthy * High in Sodium

Wednesday, June 14, 2023

Dinner Menu

SOUP OF THE DAY

Cabbage ♥

ENTRÉE

**Italian sausage burger
On a Toasted Bun With marinara sauce
And melted Mozzarella Cheese
Side of
Lettuce/tomato**

**Country Fried Steak
With Country Cream gravy**

ACCOMPANIMENTS

**Spinach ♥
Home Made Smashed Potatoes ♥**

DESSERT

**Assorted Cakes & Pies
Sugar Free Assorted Cakes & Pies**

♥ Heart Healthy * High in Sodium

Thursday, June 15, 2023

Lunch Menu

SOUP OF THE DAY

Beef Vegetable

ENTRÉE

Fillet of Sole With Buttered lemon sauce

Home Made Meatballs Spaghetti/Home Made Sauce

ACCOMPANIMENTS

Succotash ♥ Yellow rice ♥

DESSERT

Sliced Pears

♥ Heart Healthy *High in Sodium

Thursday, June 15, 2023

Dinner Menu

SOUP OF THE DAY

Beef Vegetable

ENTRÉE

**Pork Ramen Noodle bowl
Sliced roasted pork/boiled egg/
green onion/carrots/Spinach**

**Eggs Salad on Whole Wheat
Lettuce/Tomato
Potato Salad♥**

DESSERT

Assorted Cakes & Pies

Sugar Free Assorted Cakes & Pies

♥ Heart Healthy *High in Sodium

Friday, June 16, 2023

Lunch Menu

SOUP OF THE DAY

Black Bean Soup

ENTRÉE

Gourmet Pizza

With Pepperoni or Roasted Vegetables

Mediterranean Chicken Salad

With Balsamic Vinaigrette

Lettuce, Tomato, Cucumbers, red onions, feta cheese

ACCOMPANIMENTS

Normandy Blend Vegetable ♥

DESSERT

Vanilla Pudding

W/whipped cream

Sugar Free Pudding ♥

♥ Heart Healthy * High in Sodium

Friday, June 16, 2023

Dinner Menu

SOUP OF THE DAY

Black Bean Soup

ENTRÉE

**Chicken Chow Mien
Over white rice**

Breakfast Quiche

**(Bacon, Breakfast Sausage, Cheese
Baked in an Individual pie shell)**

ACCOMPANIMENTS

Potato chips

Or

Cole slaw

DESSERT

**Assorted Cakes & Pies
Sugar Free Assorted Cakes & Pies**

♥ Heart Healthy *High in Sodium

Saturday, June 17, 2023

Lunch Menu

Salad Bar

SOUP OF THE DAY

Tomato Basil

ENTRÉE

Pepper Steak ♥

Peppers/onions/ brown gravy

Over White Rice ♥

Pork with Sauerkraut With Baby Potatoes

ACCOMPANIMENTS

Italian Green Beans ♥

DESSERT

Assorted Cakes & Pies

♥ Heart Healthy *High in Sodium

Saturday, June 17, 2023

Dinner Menu

SOUP OF THE DAY

Tomato Basil

ENTRÉE

Homemade California Beef Burger ♥
W/Lettuce & Tomato on Bun/onion

Shrimp Salad Platter
On a bed of mixed Greens
Three Bean Salad/Potato Salad

ACCOMPANIMENTS

Macaroni Salad

DESSERT

Assorted Cakes & Pies

Sugar Free Assorted Cakes & Pies

Kosher Meals for Passover

Circle one choice per meal please

Name _____ Room # _____ Date _____ Day _____

Breakfast

Cheese Omelets / potatoes

Spanish Omelets / potatoes

Soups

Cabbage or Matzoh ball soup

Lunch

Dinner

Circle one choice per meal please

Turkey

Turkey

Yankee pot roast

Yankee pot roast

Baked Fish

Baked Fish

Salisbury steak

Salisbury steak

Baked Chicken

Baked Chicken

Herb Roast Beef

Herb Roast Beef

Dessert

Macaroons original or with chocolate chips

Lunch and dinner meals are available in low sodium